# SCHOOL FOOD PLAN

16th March 2014

### **Letter to the Sunday Times**

Pilot projects in schools across Newham and Durham have shown that universal free school meals lead to a rapid and marked improvement in academic performance, particularly among the poorest children. This is partly because well-nourished children concentrate better (only 1% of packed lunches meet the current nutritional standards for school food); and partly because of the wider cultural benefits. Bringing everyone – children and teachers – together once a day to talk and break bread makes a dramatic difference to the culture and atmosphere of a school.

This is why – whatever political gossip you might read – this policy has such broad cross-party support. Originally a Labour idea, it was brought back into play by Michael Gove, and has been carried over the finishing line by the Lib Dems. From September all infants will eat well for free.

As Head Teachers, and as professionals working in the sectors most closely involved, we have seen for ourselves what a huge difference this policy will make. We also understand the logistical challenges involved. But help is available (details at www.schoolfoodplan.com). We would urge head teachers to take advantage of the government-funded support, and seize this golden opportunity.

#### Headteachers

Richard Dunne Ashley CE Primary School, Walton Louise Nichols Kingsmead and Gayhurst Schools Sarah Rutty Bankside Primary School, Leeds

Gill Harrison St Oswald's CE VA Infant & Nursery School Lindsay Vollans St Michaels Primary School, Bishop Middleham

Carmen Palmer St Richard's CE Primary School, Ham

Ed Vainker Reach Academy, Feltham

Caroline Owen St Laurence CE Primary School, Derbyshire

Kim Dorian-Kemp High View Primary, Plymouth Helen Colbert East Sheen Primary School Rachel Chahal The Oval, Birmingham

Jared Brading Sacred Heart Primary School, Battersea

Tim Baker Charlton Manor Primary School
Calvin Henry St Marks Primary School, Islington

Simon Mower Chaddlewood Primary School, Plymouth

Catherine Lester Cheam Fields Primary School

Catherine Langham Abbotsmeade Primary School, Peterborough



# SCHOOL FOOD PLAN

Mrs Hilton Little Gonerby CE Infant School, Grantham

Claire Platt Collaton St Mary Primary School

Travis Latham The Federation of George Betts and Shireland Hall Primary

Academies

Paula Cummings Cambo First School, Morpeth

John Lynch High Street Primary School, Plymouth Karen Holmes St Tudy's CE Primary School, Bodmin Adam Breakwell Orleton CE Primary, Shropshire Jim Wallace College Road Primary, Plymouth

Steven Badcott Uplowman Primary, Exeter

### **School Food Plan Expert Panel and others**

Professor Ashley Public Health Nutrition (Newcastle University)

Adamson

Myles Bremner Director, School Food Plan Rosie Boycott Chair of London Food Board

Anne Bull National Chair, Lead Association for Catering in Education

Linda Cregan Chief Executive, Children's Food Trust

Henry Dimbleby Co-author, School Food Plan

Alison Garnham Chief Executive, Child Poverty Action Group

Libby Grundy Director, Food for Life Partnership

Judy Hargadon Former Chief Executive, Children's Food Trust

Christine Lewis National Officer for Education, Unison Neil Lovell Director, Jamie Oliver Foundation Carmel McConell, Chief Executive, Magic Breakfast

Professor Theresa Director, Behaviour and Health Unit, Cambridge University

Marteau

Dr Michael Nelson Public Health Nutrition Research

Jeanette Orrey Ex-school Cook and co-founder, Food for Life

Sarah Owen School Cook, Stoke Newington School

Sarah Ray Senior Manager, National College for Teaching and

Leadership

Sara Jayne Stanes Chief Executive, Royal Academy of Culinary Arts

John Vincent Co-Author, School Food Plan Stephanie Wood Founder, School Food Matters

